



Ensuring you get the best grade possible for GCSE PE

The exams

Paper	Focus	Length	%	Date
1	Anatomy & Physiology, Physical Training	1 hour	30%	TBC
2	Socio-cultural influences, sports psychology, health, fitness and wellbeing	1 hour	30%	TBC

Key Dates for GCSE PE

Date	Event
Thursday after school	Period 6
Various dates TBC	Moderation - mock and actual
19/5/25 (PM)	Paper 1
9/6/25 (PM)	Paper 2

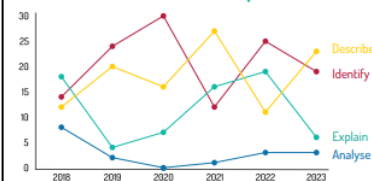
Revision tips

- Use a variety of revision techniques (que cards, posters, brainstorm)
- Always include a range of sporting examples in your revision
- Instagram - [thepeclassroom](#)
- BBC Bitesize - [GCSE Physical Education - OCR - BBC Bitesize](#)
- SENeca - [Free OCR PE GCSE Revision | Seneca \(senecalearning.com\)](#)
- PLANET PE - [Planet PE - YouTube](#)
- The EverLearner - [The EverLearner - YouTube](#)
- The PE Classroom - [The PE Classroom - YouTube](#)
- Practice previous papers - [OCR GCSE PE Past Papers - Revision World](#)
- PE Revision World - [PE \(Physical Education\) | Revision World](#)
- Podcasts - [Player FM - Internet Radio Done Right](#)
- Seneca - [Small topic quizzes](#)

Topics

Units	Topic
1	Anatomy & physiology
3	Physical training
4	Sport psychology
5	Socio-cultural influences
6	Health, fitness & well-being + use of data

Marks awarded per skill



Contacting the department / PE teachers
 Miss H Lockwood - lockwoodh@hallparkacademy.org.uk
 Miss Farmery - farmery@hallparkacademy.org.uk
 Mr Ridley - ridley@hallparkacademy.org.uk

Assessment objective examples

A01	Identify, state
A02	Describe, explain
A03	Evaluate, analyse



Ensuring you get the best grade possible for GCSE PE

The exams

Paper	Focus	Length	%	Date
1	Anatomy & Physiology, Physical Training	1 hour	30%	TBC
2	Socio-cultural influences, sports psychology, health, fitness and wellbeing	1 hour	30%	TBC

Key Dates for GCSE PE

Date	Event
Thursday after school	Period 6
Various dates TBC	Moderation - mock and actual
19/5/25 (PM)	Paper 1
9/6/25 (PM)	Paper 2

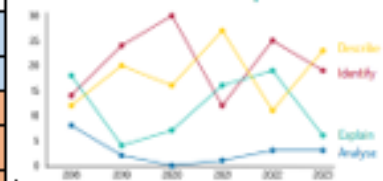
Revision tips

- Use a variety of revision techniques (que cards, posters, brainstorm)
- Always include a range of sporting examples in your revision
- Instagram - [thepeclassroom](#)
- BBC Bitesize - [GCSE Physical Education - OCR - BBC Bitesize](#)
- SENeca - [Free OCR PE GCSE Revision | Seneca \(senecalearning.com\)](#)
- PLANET PE - [Planet PE - YouTube](#)
- The EverLearner - [The EverLearner - YouTube](#)
- The PE Classroom - [The PE Classroom - YouTube](#)
- Practice previous papers - [OCR GCSE PE Past Papers - Revision World](#)
- PE Revision World - [PE \(Physical Education\) | Revision World](#)
- Podcasts - [Player FM - Internet Radio Done Right](#)
- Seneca - [Small topic quizzes](#)

Topics

Units	Topic
1	Anatomy & physiology
3	Physical training
4	Sport psychology
5	Socio-cultural influences
6	Health, fitness & well-being + use of data

Marks awarded per skill



Contacting the department / PE teachers
 Miss H Lockwood - lockwoodh@hallparkacademy.org.uk
 Miss Farmery - farmery@hallparkacademy.org.uk
 Mr Ridley - ridley@hallparkacademy.org.uk

Assessment objective examples

A01	Identify, state
A02	Describe, explain
A03	Evaluate, analyse