

## What is a Careers Guidance Interview?

A careers guidance interview is an impartial one to one meeting between yourself and the Careers Adviser. It is not like a job interview, so you can't get anything wrong! It is all about YOU and your FUTURE. The aim of the guidance interview is to help you think about your future career choices based on your interests, skills and qualifications.

It will help you make decisions about what pathway to take after school. Do you need to go to college, gain an apprenticeship or go to university?

It will also give you information about your chosen careers and where you can find out more.



## Questions

The Careers Adviser will need to ask you lots of questions, so that they can get a clear picture of the best way they can help you.

They may question your answers, challenge your ideas, but this is to help you improve your career planning skills.

The Careers Adviser can help you whatever stage you are at with your planning, so no need to worry if you don't know what you want to do.



### What questions might I be asked?

Do you have any interests outside of school? What are your best personal qualities? Do you know your strengths?

What subjects are you studying? What are your predicted grades?

What subjects do you like and why?

Have you done any work experience? Do you have a CV?

Have you got any career ideas? Have you researched any careers? Have you researched different organisations?

### What questions could I ask?

What are my options when I leave school?

What is an Apprenticeship or a Pre-Apprenticeship/Study Programme.

What can I study at College?

How can I develop my skills?

Where can I find work experience?

How can I research different careers?



## How long will it last?

The interview can last between 30 – 45 minutes. It will take place in a quiet, confidential space – so you won't get interrupted. The Adviser will make notes and afterwards write your personal agreed Action Plan.



# How can you make the most of the career appointment?

## Top tips



Be Prepared

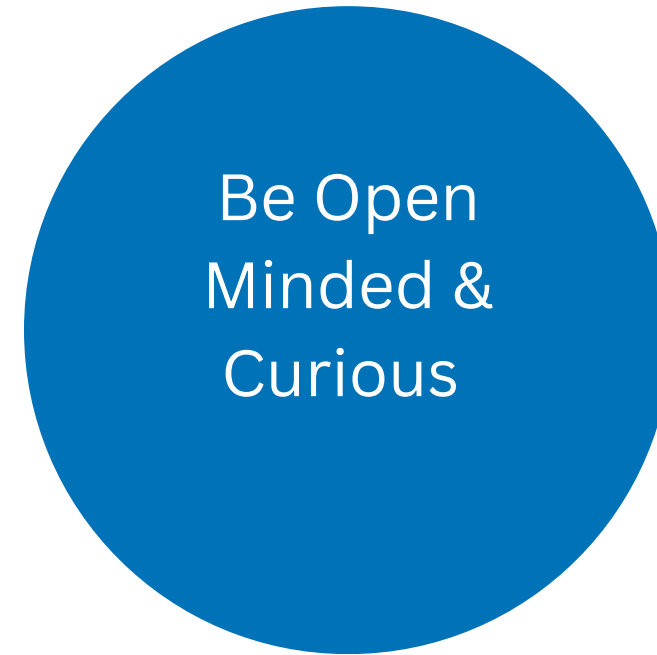
### **Think ahead**

Ask yourself what do you want to achieve from the appointment?

What is a question you'd like to ask?

What would be helpful for you and your career next steps?

Do your own research



Be Open  
Minded &  
Curious

### **Come with an open mind**

There is no question too simple, come with your own questions and be prepared to be asked lots of questions



Arrive  
on Time

### **Show respect**

Make every attempt to arrive on time. If you need to cancel let the careers advisor know or your tutor



Take  
Accountability

### **Own your plan**

Take actions toward your career goal.

You are in the driving seat, it's your career.

You can make this happen.

Ask if you need further support.