

Mental Health Support Team (MHST)

Who are the Mental Health Support Team (MHST) information video's for teachers and staff

Our website offers a variety of videos to help you understand who we are, what we do, and how to refer a young person to the MHST. Here's a quick overview of the content:

Introduction to the MHST: Learn about who we are and the services we provide.

How to Refer: A step-by-step guide on referring a young person to our team.

Involvement Champions: Hear from young people themselves as they share their experiences of being supported by the MHST.

Advice for Staff: Practical tips and guidance for staff on how to support young people during the referral process.

Click the link below or scan the QR code to explore our resources and find out more about how we can work together to support young people.



Video link please click

<https://www.nottinghamshirehealthcare.nhs.uk/mhst-teachers-and-schools>



Scan the above to access the
MHST webpage for teachers
and staff