

**HPA RSHE - 5 Year Plan**

Teaching from September 2022

		Year 1	Year 2	Year 3	Year 4	Year 5
Term 1	1	Welcome Back	Welcome Back	Welcome Back	Welcome Back	Welcome Back
	2	HPA Learner	HPA Learner	HPA Learner	HPA Learner	HPA Learner
	3	Personal Hygiene	First Aid	Germes, Bacteria and Viruses	Infections and Antibiotics	First Aid
	4	Healthy Body - Healthy Mind	Empathy	Physical Activity	European Day of Languages	Physical Activity
	5	Respect - Appropriate Language	Sleep	Routines	Empathy	Harvest Festival
	6	Black History Month	Black History Month	Black History Month	Black History Month	Black History Month
	7	Mental Health	Mental Health	Mental Health	Mental Health	Mental Health
	8	Diwali	Self Care	Health Care	Conflict Management	Vaping
	9	Marriage	Parenting	Trust	Stereotypes	Remembrance Day
	10	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week
	11	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships
	12	Coping Strategies	Road Safety Week	Alcohol	Neurodiversity - Dyslexia	Road Safety Week
	13	Legal Drugs and Dangers	Illegal Drugs	Hanukkah	Tobacco	Human Rights
	14	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment
Term 2	15	Healthy Eating	Healthy Eating	Healthy Eating	Healthy Eating	Healthy Eating
	16	Sharing of explicit images	Sharing of explicit images	Sharing of explicit images	Sharing of explicit images	Sharing of explicit images
	17	FGM and Honour-Based Violence	Forced Marriage	Knife Crime	FGM and Honour-Based Violence	Knife Crime
	18	Disability	Xenophobia	Addiction	Consent	Holocaust Memorial Day
	19	Sexual Harassment	Sexual Harassment	Sexual Harassment	Sexual Harassment	Sexual Harassment
	20	LGBT History Month	LGBT History Month	LGBT History Month	LGBT History Month	LGBT History Month
	21	Physical Health	Physical Health	Physical Health	Physical Health	Physical Health
	22	Neurodiversity - Autism	Ramadan/Eid	Neurodiversity - ADHD	Science - Immunisation	World Book Day
	23	Current affairs	Current affairs	Current affairs	Current affairs	Current affairs
	24	Safer Internet Usage	Safer Internet Usage	Safer Internet Usage	Safer Internet Usage	Safer Internet Usage
	25	National Careers Week	National Careers Week	National Careers Week	National Careers Week	National Careers Week
	26	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment
Term 3	27	Current affairs	Current affairs	Current affairs	Current affairs	Current affairs
	28	Blood, Organ & Stem Cell Donation	Resilience	Celebrating Diversity	Resilience	St. George's Day
	29	Self-examination	Young Carers	Self-examination	Fairtrade	Oral Health
	30	Intimate relationships	Intimate relationships	Intimate relationships	Intimate relationships	Intimate relationships
	31	Current affairs	Radicalisation	Anti-Terrorism Day	Current affairs	Homophobia
	32	Money Management - Tax	Money Management - Interest	Money Management - Mortgages	Money Management - Debt	Money Management - Budgeting
	33	Current affairs	Current affairs	Current affairs	Current affairs	Pride Month
	34	Careers - volunteering	Careers - volunteering	Careers - volunteering	Careers - volunteering	Careers - volunteering
	35	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying
	36	Politics - Elections	Politics - Political Systems	Politics - Governmental Structure	Politics - Laws	Current affairs
	37	Current affairs	Sun safety	Current affairs	Current affairs	NHS Day
	38	County Lines	County Lines	County Lines	County Lines	County Lines
	39	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment	Plenary Assessment

Split Session

Split Assembly