

## Hall Park Academy – Personal Development 5 Year Overview

	<u>HT1 – 6 weeks</u>	<u>HT2 – 7 weeks</u>	<u>HT3 – 5 weeks</u>	<u>HT4</u>	<u>HT5</u>	<u>HT6 - 8 weeks</u>
<u>Year 7</u>	<b>Building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries	<b>Healthy lifestyle</b> Diet, exercise, lifestyle balance and healthy choices, and first aid	<b>Health and puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM			<b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices
<u>Year 8</u>	<b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks	<b>Identity and relationships</b> Gender identity, sexual orientation, consent, ‘sexting’, and an introduction to contraception	<b>Drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use			<b>Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia
<u>Year 9</u>	<b>Emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies	<b>Setting goals</b> Learning strengths, career options and goal setting as part of the GCSE options process	<b>Intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography			<b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes
<u>Year 10</u>	<b>Exploring influence</b> The influence and impact of alcohol, drugs, gangs, role models and the media	<b>Healthy relationships</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	<b>Addressing extremism and radicalisation</b> Communities, belonging and challenging extremism			<b>Financial decision making</b> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices
<u>Year 11</u>	<b>Communication in relationships</b> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	<b>Families</b> Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	<b>Independence</b> Responsible health choices, and safety in independent contexts			

Week	Date (W/C)	Theme	Assembly	Astle	Collier	Erewhash	Lawrence
1	4th Sep	Welcome Back	DC				
2	11th Sep	Personal Development - HPA Learner	LFL				
3	18th Sep	Aspirational Programme	AM				
4	25th Sep	European Day of Languages	AFL				
5	2nd Oct	Black History Month	ADD				
6	9th Oct	Duke of Edinburgh	AK				
7	16th Oct	HOH - Celebration	HOH	AKP	CHL	ELS	LRD
8	6th Nov	Remembrance Day	CBL				
9	13th Nov	Anti-Bullying Week	ADD				
10	20th Nov	International Day for the Elimination of Violence Against Women	LFL				
11	27th Nov	Fire Safety	Notts Fire Service				
12	4th Dec	Confidentiality - GDPR	EDT				
13	11th Dec	Hannukah	CJF				
14	18th Dec	HOH - Celebration	HOH	AKP	CHL	ELS	LRD
15	4th Jan						
16	8th Jan	Health and Safety	SLT Secondment				
17	15th Jan	Media Bias	LAW				
18	22nd Jan	Social Networks for Careers	KJ / AM				
19	29th Jan	Discrimination	CCW				
20	5th Feb	HOH - Celebration	HOH	AKP	CHL	ELS	LRD
21	19th Feb	Physical Fitness	CHL				
22	26th Feb	Sexual Harassment	LMN				
23	4th March	National Careers Week	KJ / AM				
24	11th March	Young Carers Action Day	CKM				
25	18th March	Resilience	LFL				
26	25th March	HOH - Celebration	HOH				
27	15th Apr	Mental Health	CCW				
28	22nd Apr	Vaccinations	ADG				
29	29th Apr	Safer Internet Usage - Online Gambling	LDH				
30	6th May	Knife Crime Awareness Week	LMN				
31	13th May	Dementia Action Week	LFL				
32	20th May	HOH - Celebration	HOH	AKP	CHL	ELS	LRD
33	3rd Jun	Pride Month	LFL				
34	10th Jun	Careers - Alternative Careers	TBD				
35	17th Jun	Anti-Bullying	ADD				
36	24th Jun	Neurodiversity	CKM				
37	1st Jul	Routines	EDT				
38	8th Jul	County Lines	ADD				
39	15th Jul	Summer Safety	LMN				
40	22nd Jul	HOH - Celebration	HOH	AKP	CHL	ELS	LRD

External Provider  
Covers curriculum content