



National Careers Week

**NCW**





**STEP OUTSIDE YOUR **COMFORT ZONE**. DO AND TRY THINGS YOU NEVER THOUGHT YOU COULD DO, IT MAY BE SCARY AT FIRST BUT IT WILL ALL BE WORTH IT IN THE END, YOU COULD FIND OUT THAT SOMETHING YOU ONCE DISLIKED COULD ACTUALLY BE **SOMETHING YOU LOVE!****

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**KELLY YOUNG, APPRENTICE**

**#NCW2026**

National Careers Week

**NCW**

Headline Partner:



**NatWest  
Thrive**

# Some resources available



## Years 7 & 8

Careers Quizzes to help develop your self awareness of your strengths, interests, preferences and what you enjoy.

Give some ideas and inspiration about career types, sectors and industries.

Check out the National Careers Week Online Careers Fair – on demand. Find out about careers and learning about organisations and opportunities which exist.

[National Careers Service Quiz](#)

[BBC Bitesize Quiz](#)

[Career Quiz - Youth Employment UK](#)

[SACU Visual Career Quiz](#)

[Virtual Careers Fair](#)

**Be curious, be open minded, check out the resources to support you best**

# Some resources available



Year 9	
I could article on how to make great decisions for your pathways – 7-minute read	<a href="#"><u>Choose the right path for you</u></a>
Find your own way BBC Bitesize - 2-minute video	<a href="#"><u>BBC Bitesize Go Your Own Way</u></a>
Career Pilot has some great information to support you make your GCSE choices – 7-minute read	<a href="#"><u>Careerpilot : Get information : GCSEs : Choosing your GCSEs</u></a>
Career Pilot resources to support you identify how subjects can lead to career pathways – 15 minute + explore	<a href="#"><u>Careerpilot : Jobs by subject</u></a>
Subjects, linked to skills and career choices	<a href="#"><u>GCSE subject skills_CEC</u></a>
National Careers Week for free events – watch videos on employers and their early talent opportunities	<a href="#"><u>Virtual Careers Fairs</u></a> <a href="#"><u>Amazing Apprenticeships Meet the Employer</u></a>

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## Year 10

Unifrog platform – how to find out more about the careers suitable to you, CV and support with a personal statement

[Unifrog](#)

Career Pilot on post 16 options – 10 minute + read

[Careerpilot : Get information : Your choices at 16 : A-Levels](#)

National Career Service - Find out more about the sectors, industries and roles which exist today and explore which ones you might be interested in?

[Explore by job sector | National Careers Service](#)

[Job sectors | Prospects.ac.uk](#)

Setting realistic goals - 2-minute video and 1 minute read

[BBC Bitesize Goal Setting](#)

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## Year 11

Access Unifrog for lots on jobs, careers and ensuring you have support with employability skills.	<u><a href="#">Unifrog</a></u>
Making decisions after GCSE's - 5-minute read	<u><a href="https://icould.com/stories/tactics-for-making-decisions/">https://icould.com/stories/tactics-for-making-decisions/</a></u>
Career Pilot information for choices after GCSEs	<u><a href="#">Careerpilot : Get information : Your choices at 16 : A-Levels</a></u>  <u><a href="#">Post 16 options   National Careers Service</a></u>
Interview tips from BBC bitesize - 3-minute video and article	<u><a href="#">Interview Tips</a></u>

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## Year 12 & 13

Where to next? - 10 minute read and quiz	<a href="#"><u>Where to next quiz for employment, university or apprenticeships</u></a>
Managing change & transition, how can you support yourself - 3-minute video	<a href="#"><u>Tips for coping with change and transition</u></a>
Access Unifrog for lots on jobs, careers and ensuring you have support with employability skills.	<a href="#"><u>Unifrog</u></a>
UCAS – Look at the subject, career or industry guides to help you inform your choices	<a href="#"><u>Choose your future   UCAS</u></a>
Amazing Apprenticeships, check out webinars, meet employers and much more	<a href="#"><u>Student - Amazing Apprenticeships</u></a>

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# Some resources available

For Parents	
National Career guide for parents	<a href="#"><u>NCW One Stop Shop</u></a>
UCAS Guide for parents	<a href="#"><u>University 101: A parent's guide to university and college terms   UCAS</u></a> <a href="#"><u>UCAS Parents' Podcast   UCAS</u></a>
Career Pilot Parent Zone	<a href="#"><u>Careerpilot : Parent zone</u></a>
Careers and Enterprise Parent Guide	<a href="#"><u>The Parents' Guide to   CEC Resource Directory</u></a>

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